



Universal Truths

Based on the core truths championed by near-death experiences from around the world

“God exists. God loves everyone unconditionally.

God has a delightful sense of humor. So do the angels, guides, and spiritual beings that serve The Light. We should too. We should also lighten up and not take life so seriously. We are immortal, indestructible beings. The pursuit of money, fame, and power do not lead to happiness. Love and serve others: humans, animals, plants, everything.

Remember the little things -- the kind word, the understanding smile, the compassionate touch -- are the big things. Small, heartfelt acts of love change lives and ripple across the universe. While there is

evidence everywhere to the contrary, train your mind to look beneath the surface and see the truth: life is good; the world is a beautiful place and you, complete with your human weaknesses and

shortcomings, are magnificent. You are known, loved, and cherished. You are unique, essential, and irreplaceable. You have a special role to play in the grand scheme of things. When you find and follow your unique path, which is different from everyone else's, magic happens. No matter how many times you try and fail; no matter how far you may be from

embodying your full Divine Nature, you will eventually succeed. Don't give up. Don't lose hope.

And always remember you are never alone, even when your earthly senses tell you otherwise.”